

# Indiana Surgery Center

COMMUNITY HOSPITAL SOUTH CAMPUS



**The Indiana Surgery Center** is an innovative, multi-specialty facility designed to provide maximum patient comfort.

**Our mission** is to provide the highest value surgery and recovery care to Indianapolis' Southside and surrounding counties. We strive to exceed the needs of our customers through innovation, attention to details and continuous quality improvement in our service.

## PRIOR TO YOUR DAY OF SURGERY

You will receive a registration telephone call. A nurse will speak with you to complete a pre-surgery health assessment and answer any of your questions.

If the doctor requires you to have lab tests, EKG, and/or x-rays before surgery, we encourage you to have the tests completed within one (1) week of your surgery date. Please stop by our reception desk and we will coordinate your preoperative testing.

The Indiana Surgery Center reception desk is available for service between the hours of 6:00 AM - 4:30 PM. Monday through Friday. The Surgery Center is closed on weekends and holidays.

## ON THE DAY OF YOUR SURGERY

- Follow instructions for eating and drinking.
- Please arrive at the Center at the time specified. Pre-operative time allows for registration, any pre-operative testing, preparation assessment, and adjustments in the surgery schedule.
- Wear loose fitting, comfortable clothing.
- If surgery is on your arm or hand, leg or foot do not wear nail polish. If surgery is on your face, do not wear make-up.
- Leave all valuables and jewelry at home.
- If you are staying overnight one family member may stay with you.

## PREPARATION FOR SURGERY

- Your nurse will check your temperature, pulse, respiration and blood pressure, and will verify your health history information given to the nurse over the phone. You will be asked to sign consent forms. Preoperative medications may be given at this time. You may be asked to change into a gown.
- If your doctor has ordered tests that have not already been completed, they will be performed.
- Your anesthesiologist will review your medical history and your test results (if applicable), and may visit with you.
- You may choose to have a family member present during your preparation or your family may join you upon completion of nursing assessment and testing.
- Parents will remain with children until the time of surgery.
- Your private room is equipped with a telephone and TV/VCR. You may bring a favorite video tape to watch during your stay.
- When it's time for surgery, you will be taken to the operating suite by a surgical nurse. The amount of time in surgery depends on your particular procedure.

## AFTER SURGERY

- After surgery you will return to your room. The nurses will monitor your recovery and care for you until your condition allows for your family/friends to join you. If you have a local procedure which does not require changing into a hospital gown a nurse may do your post operative assessment in the consult or discharge lounge.
- Your surgeon will talk to your family members on your progress immediately after surgery.

## DISCHARGE

- When your condition meets the discharge criteria for your physician and the Center, you will be prepared for discharge.
- Your nurse will review home care instructions with you and your family/friend.
- It is important to ask your physician to give you information about:

DIET—  
\_\_\_\_\_

ACTIVITY —  
\_\_\_\_\_

MEDICATIONS —  
\_\_\_\_\_

DRESSINGS —  
\_\_\_\_\_

PAIN —  
\_\_\_\_\_

FOLLOW-UP VISITS —  
\_\_\_\_\_

RETURNING TO WORK —  
\_\_\_\_\_

SHOWER OR BATHING —  
\_\_\_\_\_

LIFTING —  
\_\_\_\_\_

- For your safety, a family member or friend must drive you home.

## AT HOME AFTER YOUR SURGERY

It is very important that you follow your home care instructions. Call your doctor for any questions or problems.

If you received general anesthesia, regional block, or IV sedation you will need someone to drive you home and stay with you. If you prefer, your ride may be called when you are about ready for discharge. Please give the nurse in the Preop Area the name and phone number of your ride.

Due to the effects of anesthesia, you should not drive a car, operate machinery or make important decisions for 24 hours following surgery.

**Be sure to schedule a postoperative appointment with your surgeon.**

A nurse from the center will contact you after your surgery to see how you are feeling and to address any of your questions or concerns. We want to make sure that your recovery progresses well, and that you were totally satisfied with our services.



## A NOTE REGARDING YOUR ACCOUNT WITH THE SURGERY CENTER

- The Center is a provider of surgical services in the Community Hospital Network. Because of the Center's network relationship and its attachment to Community Hospital South, the Center's bills are sent from Community Hospital South.
- The billing process begins at the time of pre-registration when we gather your insurance information. We will call your insurance company to verify your benefits.
- If your procedure is not covered by insurance or if you are required to pay a portion of your bill, you may be asked to pay on the day of your procedure.
- We accept VISA, Mastercard and Discover.
- The Surgery Center will bill your insurance company. It is important that we send the insurance claim to the correct address. Please bring your insurance card with you so we can verify this information.
- It takes approximately 2 weeks to 2 months for your insurance company to pay for services. During this period you will receive a monthly bill from the Center updating the status of your account. Request for payment from you will occur after insurance has either paid or denied the claim. We will be happy to discuss payment arrangements with you.
- The Customer Service for your account is provided on-site at the Center with dedicated business office professionals. We are happy to answer any questions you may have.
- For questions regarding your account, please call the business office at 887-7600 during the hours of 8:30 A.M. - 4:30 P.M., Monday - Friday.

## WHAT TO BRING TO THE CENTER

- Any written orders and instructions from your surgeon.
- A friend or relative to drive you home after your procedure.
- Medications as requested by the nurse during your pre-op call. If you are staying over night, please bring all medications taken daily.
- Glasses (for removal of contact lenses, bring your case and solution).
- Diaper bag, bottles, toy and/or blanket (if the patient is a child).

## WHEN YOU ARRIVE

- Parking is conveniently located on the north side of the building.
- Please stop at the reception desk of the Indiana Surgery Center and we will escort you to the Patient Room Area.
- Your family or friends may wait for you in the waiting area where there is complimentary coffee and soft drinks. Rest rooms, vending machines and telephones are located in the waiting area.
- Just for kids, in the waiting area you will find a play center with a fish tank, toys, and TV/VCR for their pleasure.



Thank you for choosing the  
Indiana Surgery Center.

### **Indiana Surgery Center**

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